### Religion and the Adolescent Girl: A formative study in Kaduna State, Nigeria

## Key Findings



This formative study aimed to understand and document how religious and traditional leaders and

institutions are influencing and reinforcing both positive and negative attitudes and behaviours towards

Introduction

adolescent girls' issues in Kaduna state, Nigeria. Focused on Kaduna state, the study was conducted among Christian and Muslim faith actors at community and state levels, as well as traditional and community leaders and community members; inclusive of men,

women, adolescent boys and girls. The study focused on three areas critical to the development of

adolescent girls - education, economic empowerment and time of marriage.

The study design took on a quasi-experimental approach, while adopting a mixed method based on a combination of qualitative and quantitative techniques. 1,134 survey questionnaires were administered in 15 communities across six LGAs - Chikun, Ikara, Kachia, Makarfi, Igabi and Zangon Kataf – spread across the three senatorial districts of Kaduna state. The male-female respondent ratio constituted of a percentage of 49.5% to 50.5% with a slightly even representation across age groups. In addition, 57 Key Informant Interviews (KII) and 47 Focus Group Discussions (FGD) were administered.

The study is part of the Collective Action for Adolescent Girls Initiative (CAAGI); a two-year pilot funded by

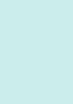
Christian Aid, and jointly implemented by Development and Peace Initiative (DPI) and Gender Awareness

Trust (GAT). The project aims to improve significantly the choices and opportunities for adolescent girls in

Kaduna state to live productive and meaningful lives.

General Findings

### adolescent girls' choices and opportunities are determined by societal perceptions of roles

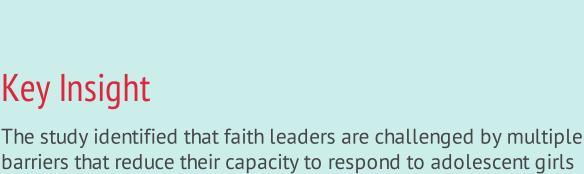


education or economic empowerment Religion, culture and family values are the

this negatively influences their ability to make decisions about marriage,







faith teachings and culture or tradition.

most identified factors that influence

of adolescent girls

societal perceptions of the value and roles



religions

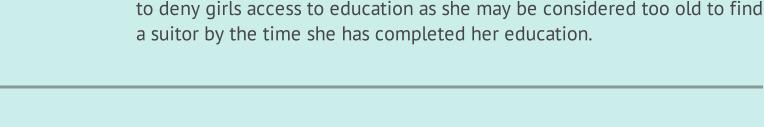
Education 86.2%

> Information from respondents in the study showed that the societal value placed on an unmarried girl diminishes as she gets older, leading families

of people believe that access to education for all is supported by both

issues, including institutional, cultural and financial barriers, as well as inadequate government response and provision of public services.

The most commonly mentioned challenge was a conflict between



Key Insight

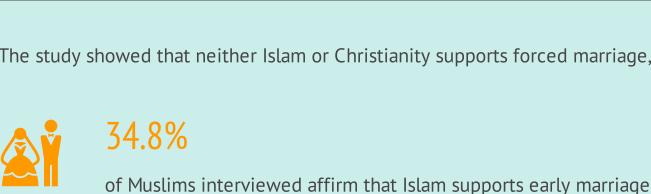
Child and Adolescent Marriage

adolescent girls fear to seek sexual and reproductive health services to avoid being labelled as immoral or wayward

Some communities perceive

educating a girl child as a waste of resources due to the societal

perception of the role of the girl

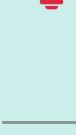


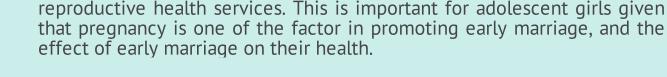
### The study showed that neither Islam or Christianity supports forced marriage, however,

Key Insight

Unplanned pregnancies are also a key factor in early marriage of girls, but

Responses from the study showed that despite the aversion of communities to discussing issues of sexual and reproductive health for girls, faith leaders can mobilise for an increase in uptake of sexual and





Economic Empowerment 75.6% of respondents

believe that religion supports economic empowerment of the adolescent girl

child.

Economic empowerment of an

adolescent girl is influenced by different factors including the family situation and

the perception of the role of the girl-





income generation.

Key Insight Access to economic empowerment for the adolescent girl was found to be influenced by family situations. It showed that economic hardships within a household affect the girl child more adversely than a boy child. This is influenced by the perception of the role of adolescent girls as

being only "useful for domestic chores" which extends to supporting with

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